

**Table S1.** GP Practices used for patient recruitment during Stage 2.

<b>Practice</b>	<b>Location</b>	<b>Urban rural 8-fold classification</b>	<b>Scottish Index of Multiple Deprivation</b>
Links Medical Practice	Aberdeen (Aberdeen City)	1 (Large Urban Area)	6 (Rank 3513 of 6976)
Cults Medical Centre	Cults (Aberdeen City)	1 (Large Urban Area)	8 Rank (5772 of 6976)
Macduff Medical Practice	Macduff (Aberdeenshire)	4 (Remote Small Town)	5 (Rank 2949 of 6976)
Inverbervie Medical Practice	Montrose (Aberdeenshire)	6 (Accessible Rural Area)	8 (Rank 4982 of 6976)